

January 2026



GLP-131 MAD Cohort 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 New Year's Day Begin prescription and OTC drug and herbal remedies, CYP3A4 inhibitors (including Seville oranges and grapefruit), and sensitive substrates restrictions	2	3
4	5	6	7 Begin cruciferous vegetables and barbequed/chargrilled meat restrictions	8 Begin plasma donation restrictions	9	10
11 Begin biotin and exercise restrictions	12 Begin alcohol, marijuana, THC, CBD, and poppy seeds restrictions	13	14 Day -1 Admission Begin blood donation, grapefruit, cranberry, caffeine, and other xanthines restrictions	15 Day 1 Dose Begin sunlight restrictions	16 Day 2 Discharge	17 Day 3 Home Dose *Complete dosing diary
18 Day 4 Home Dose *Complete dosing diary	19 Day 5 Home Dose *Complete dosing diary	20 Day 6 Home Dose *Complete dosing diary	21 Day 7 Admission **Bring IP and dosing diary	22 Day 8 Dose	23 Day 9 Discharge	24 Day 10 Home Dose *Complete dosing diary
25 Day 11 Home Dose *Complete dosing diary	26 Day 12 Home Dose *Complete dosing diary	27 Day 13 Home Dose *Complete dosing diary	28 Day 14 Admission **Bring IP and dosing diary	29 Day 15 Dose Payment #1*	30 Day 16 Discharge	31 Day 17 Home Dose *Complete dosing diary

Study Inpatient dates:

January 14-January 16, 2026
January 21, January 23, 2026
January 28-January 30, 2026
February 04-06, 2026
February 10-12, 2026
February 24-27, 2026

Study Home Dosing dates:

January 17-20, 2026
January 24-27, 2026
January 31-February 03, 2026
February 07-09, 2026
February 13-23, 2026

Instructions / Restrictions:

- Avoid use of any prescribed or over-the-counter drug or herbal remedies (other than HRT/hormonal contraception) in the 14 days before Day 1.
- Avoid use of strong and moderate CYP3A4 inhibitors (including Seville oranges, grapefruit, grapefruit hybrids or grapefruit juice) or sensitive substrates of CYP3A4 or P-gp/BCRP with narrow therapeutic indices in the 14 days before Day 1.
- Avoid use of CYP3A4 inducers in the 28 days before Day 1.
- Avoid donation of plasma in the 7 days before Day 1. Avoid donation of blood or plasma from first admission, throughout the study duration, and for at least 30 days following last dose of study medication.
- Abstain from alcohol during the 48 h prior to first admission until 72 h post-final dose.
- Abstain from marijuana, THC, or CBD products during the 48 h prior to first admission until 72 h post-final dose.
- Avoid drinking liquids or eating foods containing grapefruit, cranberry, caffeine or other xanthines from 24 h prior to first dose until 72 h post-final dose.
- Refrain from eating food containing poppy seeds for 48 h prior to first admission until 72 h post-final dose.
- Refrain from eating food containing cruciferous vegetables (e.g. broccoli, Brussels sprouts, cabbage, cauliflower, horseradish, kale, kohlrabi, mustard seeds/leaves, radish, wasabi and watercress) or barbequed/chargrilled meat for 7 days prior to first admission until 72 h post-final dose.
- Refrain from using biotin or biotin-containing products during the 72 h prior to first admission until 72 h post-final dose.
- Avoid any unaccustomed or strenuous exercise from 72 h prior to first admission until 72 h post-final dose.
- Minimize exposure to sunlight by spending a reduced amount of time outdoors/remaining inside the clinical unit during residential periods of the study, wearing sunglasses and clothing that minimizes exposure to sunlight, and using sun cream on exposed areas when going outdoors, and avoid using sunbeds from first dose until 7 days post-final dose.

Reminder: Breath alcohol and cotinine & urine drug test at Day -1 Admission only and COVID-19 rapid antigen test at Day -1, Day 7, Day 14, Day 21, Day 27, and Day 41 Admission.

***payment to occur within 48 hours after payment visit day**

February 2026



GLP-131 MAD Cohort 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Day 18 Home Dose *Complete dosing diary	2 Day 19 Home Dose *Complete dosing diary	3 Day 20 Home Dose *Complete dosing diary	4 Day 21 Admission **Bring IP and dosing diary	5 Day 22 Dose	6 Day 23 Discharge	7 Day 24 Home Dose *Complete dosing diary
8 Day 25 Home Dose *Complete dosing diary	9 Day 26 Home Dose *Complete dosing diary	10 Day 27 Admis- sion **Bring IP and dosing diary	11 Day 28 Dose	12 Day 29 Discharge Payment #2*	13 Day 30 Home Dose *Complete dosing diary	14 Day 31 Home Dose *Complete dosing diary
15 Day 32 Home Dose *Complete dosing diary	16 Day 33 Home Dose *Complete dosing diary	17 Day 34 Home Dose *Complete dosing diary	18 Day 35 Home Dose *Complete dosing diary	19 Day 36 Home Dose *Complete dosing diary	20 Day 37 Home Dose *Complete dosing diary	21 Day 38 Home Dose *Complete dosing diary
22 Day 39 Home Dose *Complete dosing diary	23 Day 40 Home Dose *Complete dosing diary	24 Day 41 Admis- sion **Bring IP and dosing diary	25 Day 42 Dose	26 Day 43 Inpatient	27 Day 44 Discharge Payment #3*	28

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Study Home Dosing dates:

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- Avoid use of CYP3A4 inducers in the 28 days before Day 1.
- Avoid donation of plasma in the 7 days before Day 1. Avoid donation of blood or plasma from first admission, throughout the study duration, and for at least 30 days following last dose of study medication.
- Abstain from alcohol during the 48 h prior to first admission until 72 h post-final dose.
- Abstain from marijuana, THC, or CBD products during the 48 h prior to first admission until 72 h post-final dose.
- Avoid drinking liquids or eating foods containing grapefruit, cranberry, caffeine or other xanthines from 24 h prior to first dose until 72 h post-final dose.
- Refrain from eating food containing poppy seeds for 48 h prior to first admission until 72 h post-final dose.
- Refrain from eating food containing cruciferous vegetables (e.g. broccoli, Brussels sprouts, cabbage, cauliflower, horseradish, kale, kohlrabi, mustard seeds/leaves, radish, wasabi and watercress) or barbequed/chargrilled meat for 7 days prior to first admission until 72 h post-final dose.
- Refrain from using biotin or biotin-containing products during the 72 h prior to first admission until 72 h post-final dose.
- Avoid any unaccustomed or strenuous exercise from 72 h prior to first admission until 72 h post-final dose.
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Reminder: Breath alcohol and cotinine & urine drug test at Day -1 Admission only and COVID-19 rapid antigen test at Day -1, Day 7, Day 14, Day 21, Day 27, and Day 41 Admission.

***payment to occur within 48 hours after payment visit day**

March 2026



GLP-131 MAD Cohort 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Day 49 Follow-Up Visit (EOS) Payment #4*	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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- Abstain from marijuana, THC, or CBD products during the 48 h prior to first admission until 72 h post-final dose.
- Avoid drinking liquids or eating foods containing grapefruit, cranberry, caffeine or other xanthines from 24 h prior to first dose until 72 h post-final dose.
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