

DENVER VISITOR GUIDE

Your insider's guide to local attractions.

MEDPACE

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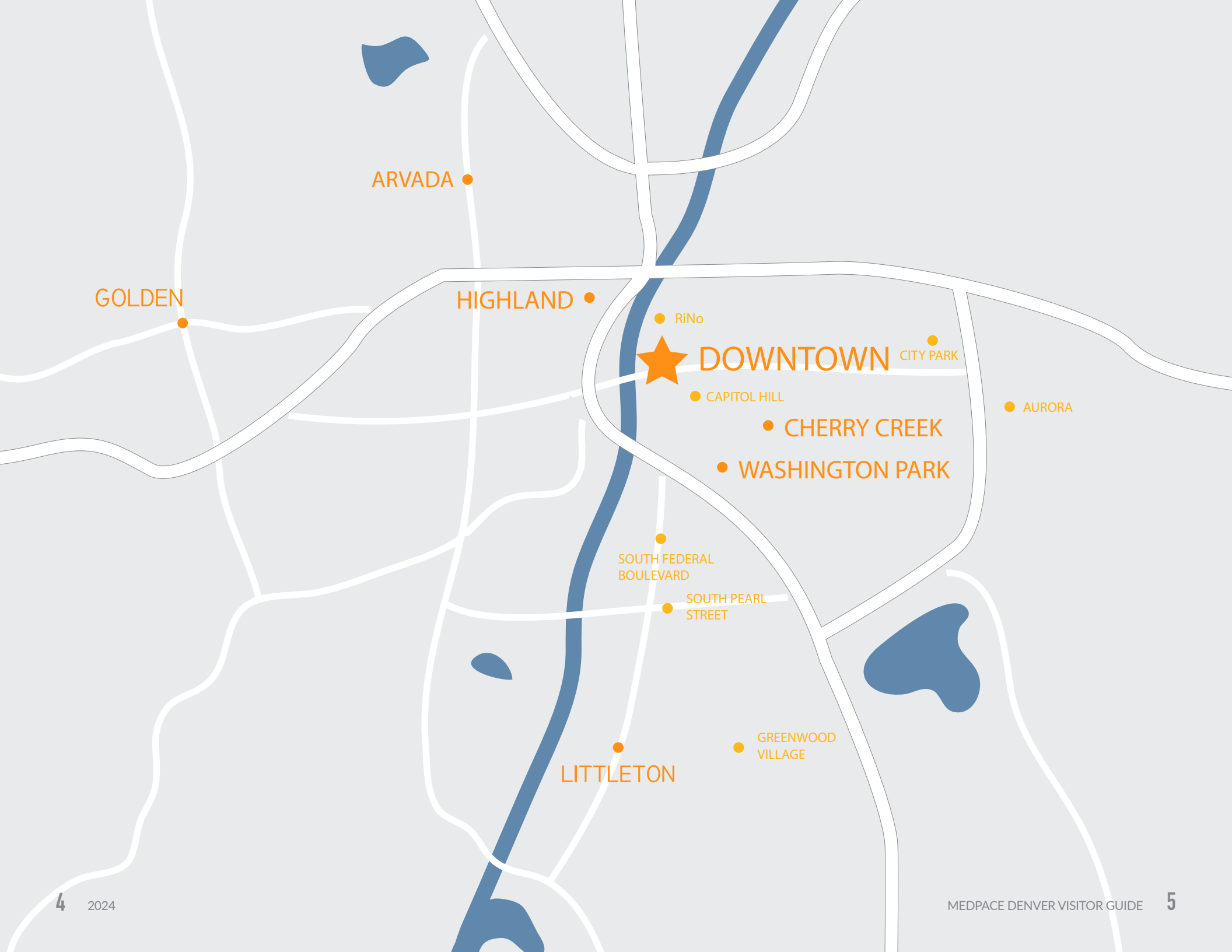
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ARVADA

GOLDEN

HIGHLAND

RiNo



DOWNTOWN

CITY PARK

CAPITOL HILL

AURORA

CHERRY CREEK

WASHINGTON PARK

SOUTH FEDERAL BOULEVARD

SOUTH PEARL STREET

LITTLETON

GREENWOOD VILLAGE



NEIGHBORHOODS

Refer to the map on pages 4-5 for locations.

Downtown

Medpace Denver is in the heart of Denver's historic downtown district, known as "LoDo." LoDo blends commercial and residential spaces and offers many attractions. Stroll the 16th Street Mall, only one block from Medpace. From there, explore the dozens of restaurants and shops in and around Union Station. While in LoDo, be sure to check out the 19th century architecture of Larimer Square, Denver's oldest city block, which still boasts thriving businesses and stately homes. And don't miss the Denver Convention Center, with its famous 40-foot-tall sculpture called the "Big Blue Bear."

Cherry Creek

Cherry Creek is a few miles southeast of downtown. This affluent neighborhood boasts an upscale indoor shopping mall, high-end boutiques, and art galleries, plus a blend of eclectic restaurants, cafés, and cocktail lounges.

denver.org/neighborhoods/cherry-creek

Washington Park

Washington Park is a residential district in south-central Denver. Its layout is based on George Washington's gardens at Mount Vernon. Its most popular features include two lakes, flower gardens, bike/running paths, and tennis courts.

denver.org/neighborhoods/washington-park

Highland

The historic Highland neighborhood lies just east of the South Platte River and north of downtown. Known for its hip restaurants, bars, and shops.

5280.com/neighborhood/highland

Golden

Golden is 15 miles west of downtown. This former gold rush town loves to celebrate the Old West. It is also home to the Coors Brewery. You can book tours online and over the phone.

visitgolden.com

Littleton

Littleton is 8 miles south of Denver. It is one of the most popular suburbs in the metro area with both locals and tourists. The historic downtown is lined with antique stores, cozy restaurants, bars, and specialty shops.

denver.org/neighborhoods/littleton

Arvada

Located northwest of Denver, the city of Arvada is another popular suburb with a historic downtown. Here you will find a high concentration of restaurants, galleries, and breweries within a short walk from one another.

oldtownarvada.org

LOCAL ATTRACTIONS

Art District on Santa Fe

525 North Santa Fe Drive
720.773.2373 | colorado.com

This is a unique cultural and creative district with more than 50 art galleries, restaurants, and shops. On the first Friday of every month, visitors can enjoy an event known as the “First Friday Art Walk.”

Denver Zoo

2300 North Steele Street
720.337.1400 | denverzoo.org

The Denver Zoo is a zoological garden in City Park that houses more than 450 species on an 80-acre space.

Denver Art Museum

100 West 14th Avenue Parkway
720.865.5000 | denverartmuseum.org

The Denver Art Museum is housed within the iconic Frederic C. Hamilton Building, which stands among the historic and cultural structures of the Denver Civic Center. The museum was designed by renowned architect Daniel Libeskind and features more than 70,000 diverse collections.

Botanic Garden

1007 North York Street
720.865.3500 | botanicgardens.org

Located in the Cheesman Park neighborhood, this 23-acre park includes a conservatory, seven gardens, and an amphitheater. It features North America’s largest collection of plants, which are gathered from cold weather regions around the world.

Denver Museum of Nature & Science

2001 North Colorado Boulevard
303.370.6000 | dmns.org

The museum houses more than one million artifacts. It is a resource for science education and provides an overview on the natural history of Colorado.

Molly Brown House Museum

1340 North Pennsylvania Street
303.832.4092 | mollybrown.org

This beautiful Victorian house was the home of American philanthropist and socialite Margaret Brown, known as Molly Brown, who was a passenger on the Titanic and survived to share her story.

Colorado State Capitol

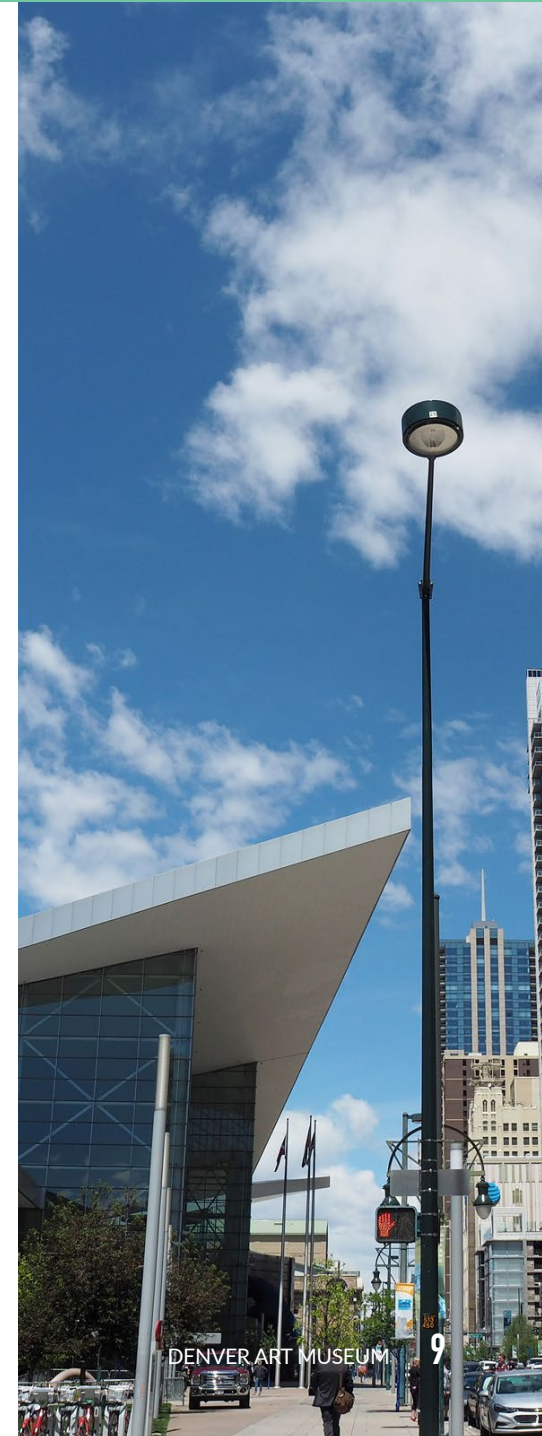
200 East Colfax Avenue
303.866.2604 | capitol.colorado.gov

It is the home of the Colorado General Assembly and the offices of the Governor of Colorado and Lieutenant Governor of Colorado. The elevation of Denver is displayed outside the west entrance to the building (“One Mile Above Sea Level” or 5,280 feet).

Elitch Gardens Theme Park

2000 Elitches Circle
303.595.4386 | elitchgardens.com

This is Denver’s largest amusement park, located downtown. Elitch Gardens features an assortment of rides, from roller coasters to drop towers to water rides.



HIKES NEAR DENVER

Colorado is world-renowned for its hiking. There are thousands of trails to satisfy everyone, from beginner to advanced hiker. And the landscapes are diverse, ranging from lush forests to red rock deserts, deep canyons to snow-covered peaks, and more.

Red Rocks Mountain Park (Trading Post Trail)

Drive less than 20 minutes from Denver and you will arrive at the Trading Post Trail. This is an easy, family-friendly hike of 2.8 miles round trip. The trail is nestled within Red Rocks Mountain Park, where the famous concert venue Red Rocks Amphitheater lies. Following a hike, visitors often like to stop by the cozy neighboring town of Morrison for lunch.

redrocksonline.com

Chautauqua

Located in Boulder, 29 miles northwest of Denver. Chautauqua offers 40 miles of hiking trails ranging from easy to difficult.

chautauqua.com

Garden of the Gods

Located 70 miles south of Denver in Colorado Springs, Garden of the Gods is known for its towering red sandstone formations and panoramic views of Pikes Peak. The area includes 31 great hiking trails, biking paths, running trails, and more! The trails range from easy to moderate.

gardenofgods.com

Emerald Lake

One of the most heavily trafficked trails in Colorado, Emerald Lake is a 3.5-mile loop in Rocky Mountain National Park (RMNP). The trailhead is near Estes Park (64 miles northwest of Denver), with difficulty levels varying from easy to moderate.

Note: Make an online reservation before trying to visit Emerald Lake and/or RMNP. Reservations can fill up days or weeks in advance, so make yours as soon as possible if you plan to visit.

rockymountainhikingtrails.com/emerald-lake

St. Mary's Glacier

St. Mary's Glacier lies just outside the small town of Idaho Springs, less than 50 minutes by car from Denver. This destination makes a perfect day trip. The trail is a 1.5-mile loop ranging from easy to moderate in difficulty. Once you reach the summit, you will have a panoramic view of majestic St. Mary's Lake, which makes the hike even more worthwhile.

thisidahospings.com/st-marys-glacier-hike

Deer Creek Canyon Park

Located in Littleton, just a 20-minute drive from Denver, Deer Creek Canyon Park has several trails that you can tailor to an individualized workout.

jeffco.us/1208/Deer-Creek-Canyon-Park

Maxwell Falls

Popular for its scenic waterfalls, this park is in Evergreen, just 40 minutes from Denver. There are three trail options to reach Maxwell Falls, ranging from 1.6 to 4 miles round trip and varying from easy to moderate in difficulty.

maxwellfalls.com



Top 10 Hikes



GARDEN OF THE GODS

Denver offers a wide variety of parks within city limits. Each park offers a unique perspective of the city, with many recreational options, along with beautiful vegetation and wildlife.



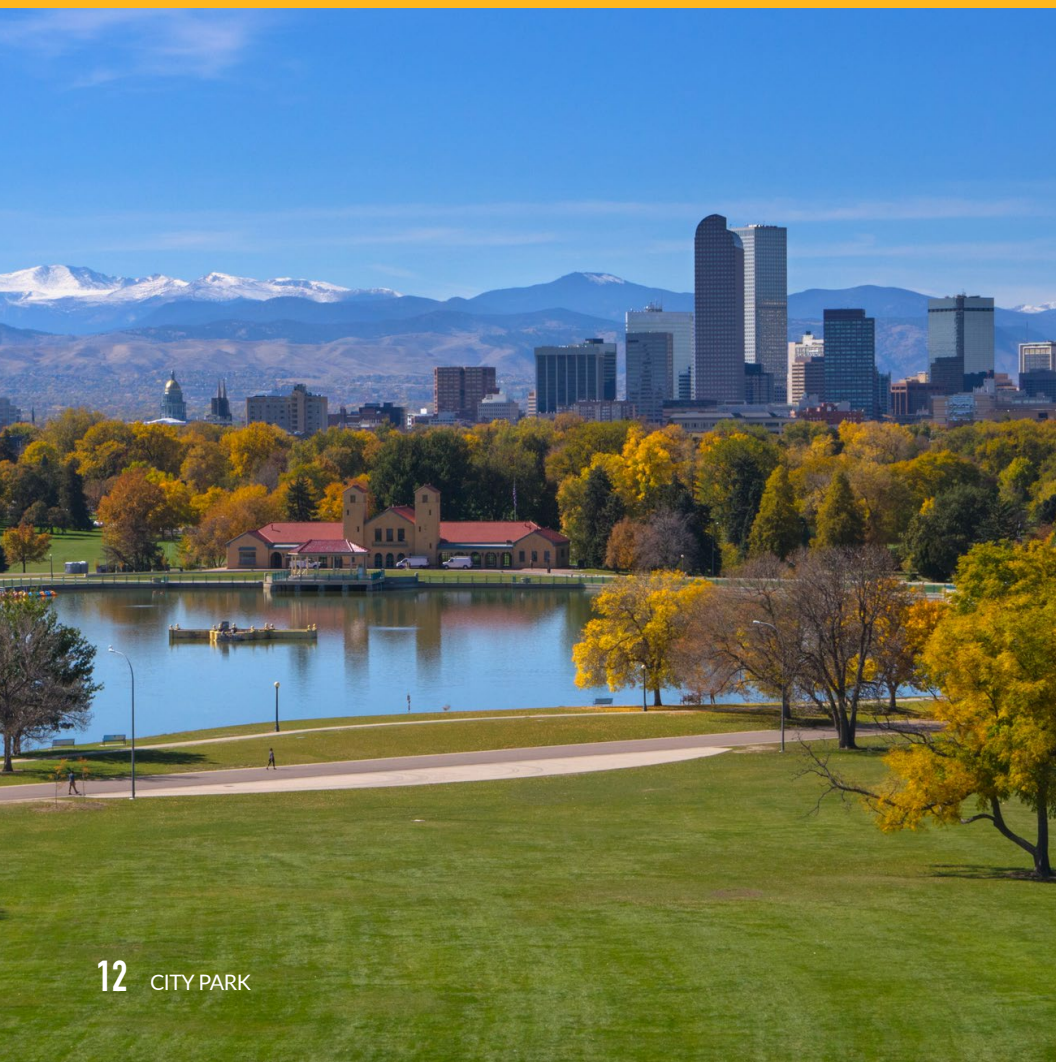
TheTravel.com



Denver.org



USA Today



Washington Park

900 South Downing Street
303.744.7100 | washpark.com

Washington Park is a replica of George Washington's gardens at Mount Vernon. Its 155 acres lie in the heart of an affluent residential area and encompass two lakes, flower gardens, bike/running paths, tennis courts, and more. Locals enjoy playing volleyball, jogging, and paddle boating on the lake.

Cheesman Park

1599 East 8th Ave
303.964.2500 | tripadvisor.com

This is a beautiful 80-acre urban park surrounded by the Capitol Hill mansions. It offers a stunning view of the Rocky Mountains. Its central pavilion was built in 1910 and has fountains at its base. The park hosts many events during the summer.

City Park

1700 York Street
720.913.1311 | denver.org

Situated within a 320-acre sanctuary, City Park contains the Denver Zoo, the Denver Museum of Nature & Science, and an IMAX Theater. You can enjoy activities such as kayaking and paddle boarding on Ferril Lake during the warmer months.

Civic Park

101 14th Avenue
303.861.4633 | civiccenterpark.org

Civic Park is in central Denver, slightly south of downtown. It's surrounded by the State Capitol, the City and County Building, and the Denver Art Museum. It hosts cultural and political events throughout the year.

Confluence Park

2250 15th Street
720.913.1311 | uncovercolorado.com

This is an urban park where Cherry Creek and the South Platte River meet. The park is near the Aquarium, the Children's Museum of Denver at Marsico Campus, and the Elitch Gardens amusement park. Locals use Confluence Park for fishing, kayaking, picnicking, and sun-bathing during warmer months.

Sloan's Lake Park

1700 Sheridan Boulevard
720.913.1311 | denvergov.org

Sloan's Lake is the largest lake in Denver and very popular with water sports enthusiasts. Visitors can enjoy stunning views of the Rocky Mountains and the Denver skyline. The Sloan's Lake neighborhood that surrounds the park is one of the most popular residential districts in Denver.

ATTRACTIONS NEAR DENVER

Central City & Black Hawk

These former gold rush towns are home to several casinos that are open 24 hours/7 days per week. Black Hawk is 20 miles west of Golden. Next to Black Hawk is Central City, located in the mountains of Gilpin County.

colorado.com/cities-and-towns/black-hawk

Georgetown

Located 45 minutes from Denver, this former silver mining town is home to restored 19th century buildings and is a charming place for a day trip. Restaurants and antique stores are found on historic Main Street. Georgetown Loop Railroad is a famous (and historic) narrow gauge railroad that transports passengers through sections of the magnificent Rocky Mountains.

georgetown-colorado.org

georgetownlooprr.com

Boulder

This is a laid-back college town with stunning views of the Flatirons and Rocky Mountains. Boulder sits at the base of the Rocky Mountains and is 30 miles northwest of Denver. Boulder offers an array of outdoor activities, including hundreds of miles of hiking and biking trails. It is also home to varied breweries, restaurants, and boutiques.

colorado.com/boulder-channel

Glenwood Springs

Located 160 miles west of Denver, Glenwood Springs is known for its geothermal hot springs. Glenwood Hot Springs Resort offers the world's largest hot springs pool, and world-class spa treatments are also available. Hot springs are just one of the many things to do in Glenwood Springs. During the summer months, visitors enjoy white water rafting, kayaking, fishing, mountain biking, hiking, climbing, golfing, and more!

visitglenwood.com

glenwoodcaverns.com

Royal Gorge

One of the most popular tourist attractions in Colorado, and located near Canon City, the Royal Gorge is approximately 130 miles southwest of Denver. The Royal Gorge Bridge stretches 1,053 feet above the Arkansas River and is America's highest suspension bridge. The bridge connects both sides of the 1,200-foot canyon.

royalgorgebridge.com

Colorado Springs

Located 70 miles south of Denver, Colorado Springs offers many fun destinations for visitors, including the Garden of the Gods, the Broadmoor Seven Falls, Manitou Springs, Pikes Peak, the U.S. Air Force Academy, the Cheyenne Mountain Zoo, and more.

visitcos.com

Estes Park

Estes Park is a hub for outdoor sports enthusiasts, located about 70 miles northwest of Denver at the base of Rocky Mountain National Park. Visitors enjoy year-round wilderness recreation. Winter brings cold-weather activities like snowshoeing, sledding, and skiing. During the warmer months, visitors enjoy camping, backpacking, day hiking, horseback riding, fishing, and wildlife viewing. The town also features the historic Stanley Hotel, which inspired Stephen King's 1977 bestselling novel, *The Shining*.

visitestespark.com

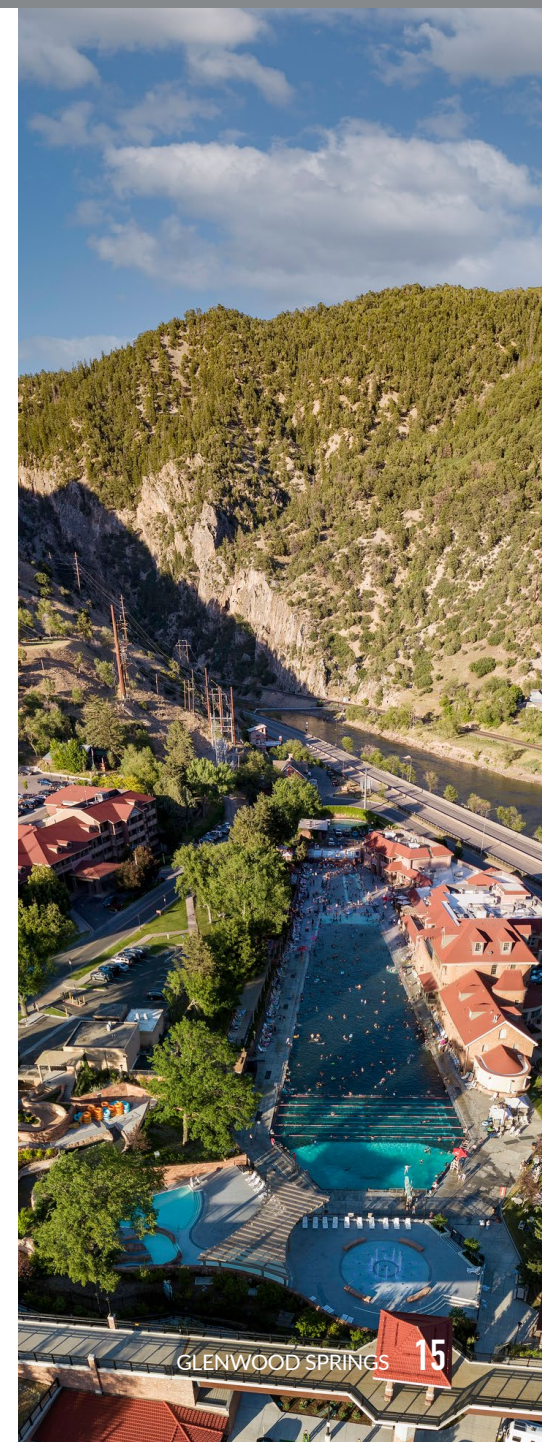
stanleyhotel.com

Pikes Peak

Pikes Peak is one of Colorado's "Fourteeners" (summits 14,000+ feet above sea level). The mountain rises from the middle of Pike National Forest, 12 miles west of Colorado Springs. The summit is renowned for its breathtaking scenery. Peak Highway, which supplies year-round motorized access to Pikes Peak, requires reservations. You may also be able to take a scenic railway up to the top of the mountain.

cograilway.com

pikes-peak.com





LOCAL SPORTS TEAMS

Denver Nuggets

The Nuggets are an NBA franchise that play in the Northwest Division and have been a frequent playoff team. The Nuggets are an original ABA franchise, before the ABA merged with the NBA in the 1970s. As of 2022, reigning two-time NBA MVP Nikola Jokic starts at center for the Nuggets. The team plays its home games at Ball Arena.

nba.com/nuggets

Colorado Avalanche

The Avalanche were 2022 Stanley Cup champions. The current lineup features NHL stars Nathan MacKinnon and Cale Makar. The Avalanche also play their home games at Ball Arena.

nhl.com/avalanche

Denver Broncos

Perhaps the most popular professional sports team in Denver, the Broncos are an original AFL team, before the AFL merged with the NFL in the 1960s. The Broncos are three-time Super Bowl champions with such famous past players as John Elway, Shannon Sharpe, Von Miller, and Peyton Manning. The Broncos compete in the AFC West division. In 2022, they have a new quarterback, Russell Wilson, who is a past Super Bowl winner. The Broncos play their home games at Empower Field in downtown Denver.

denverbroncos.com

Colorado Rockies

The Rockies contend in the National League West division and play their home games at Coors Field, in the Lower Downtown Area. Although the Rockies have never won a championship, fans still flock to games for a renowned stadium experience. The “party deck” at Coors Field is somewhat unique in baseball and usually jammed with fans.

mlb.com/rockies

Colorado Rapids

The Rapids are a professional soccer team that competes in the MLS Western Conference. The Rapids play their home games at Dick’s Sporting Goods Park in Commerce City (north Denver), which is a modern, cozy venue to watch a game.

coloradorapids.com

Colorado Mammoth

The Mammoth are a professional lacrosse team playing in the National Lacrosse League. The Mammoth are currently the reigning professional lacrosse champions and play their home games at Ball Arena. Lacrosse is a popular sport at the high school and developmental league levels in Denver.

colorodomammoth.com

SKI RESORTS NEAR DENVER

Breckenridge

350 Four O'clock Road | Breckenridge, CO
970.453.5000 | [breckenridge.com](https://www.breckenridge.com)

Breckenridge receives one of the highest snowfalls in Colorado and is one of the most visited ski resorts in the country. The resort offers 5 peaks, 2,908 skiable acres, and 187 trails.

Vail

38 Rockledge Road | Vail, CO
970.306.0946 | [vail.com](https://www.vail.com)

With 5,300 acres of skiable terrain, Vail is the largest ski mountain in Colorado. The beautiful town of Vail has a European flair and is known for luxurious accommodations, abundant access to restaurants, nightlife, and shopping.

Copper Mountain

509 Copper Road | Frisco, CO
888.760.7561 | [coppercolorado.com](https://www.coppercolorado.com)

Located only 90 miles from Denver, many locals take day trips to this resort. It offers 2,500 acres of skiable terrain and is snowboarding-friendly.

Winter Park

85 Parsenn Road | Winter Park, CO
970.726.5514 | [winterparkresort.com](https://www.winterparkresort.com)

Winter Park offers 3,000 acres of terrain that includes diverse runs for everyone, from beginners to advanced skiers to snowboarders. The Winter Park Express "ski train" leaves from Denver's Union Station to the base of Winter Park Resort on winter weekends. The trip takes just two hours.

Keystone

21996 US Highway 6 | Dillon, CO
970.496.4386 | [keystoneressort.com](https://www.keystoneressort.com)

Keystone is a family-friendly ski resort 100 miles west of Denver. It covers 3,000 acres and offers night-skiing.



EVENTS

National Western Stock Show

This is an annual livestock show, rodeo, horse show, and festival held every January at the National Western Complex in Denver since 1906. This family-friendly festival offers multiple immersive programs, exhibits, and events.

nationalwestern.com

Cinco de Mayo

This annual festival occurs at Civic Center Park every May 5th. There are more than 200 exhibitors and food vendors. Festival events include live entertainment, a taco-eating contest, a Chihuahua race, a children's carnival, parade, and more!

cincodemayodenver.com

Bolder Boulder

This is an annual 10-kilometer run that takes place in Boulder over Memorial Day weekend.

bolderboulder.com

Cherry Creek Arts Festival

The Cherry Creek Arts Festival occurs each July 4th weekend in the Cherry Creek North neighborhood. The festival features world-class visual artists, curated exhibits, and performing and culinary arts.

cherryarts.org

Dragon Boat Festival

The Colorado Dragon Boat Festival celebrates Asian American and Pacific Islander heritage. It takes place each summer at Sloan's Lake Park and features a popular dragon boat competition, live performing arts, and cultural exhibits. The Taste of Asia food court highlights some of the best Asian restaurants in Denver. A central marketplace features Asian gifts, artwork, and crafts.

cdbf.org

Taste of Colorado

This annual celebration takes place at Civic Center Park over the Labor Day Weekend. There are more than 50 local food vendors and hundreds of booths featuring arts and crafts. There are also multiple outdoor live music performances with over 60 artists.

uncovercolorado.com

Oktoberfest

Denver Oktoberfest takes place downtown along Larimar Street (between 20th and 22nd Streets) in late September each year. It is one of the largest beer festivals in Colorado and features Bavarian food, dance, and music.

thedenveroktoberfest.com

Parade of Lights

Although the Parade was temporarily cancelled because of the pandemic, it usually takes place on the first Saturday of December. The parade travels from the City & County Building through the streets of downtown.

denver.org/event/parade-of-lights



NATIONAL WESTERN STOCK SHOW 21

SHOPPING

16th Street Mall

1001 16th Street Mall
303.534.6161 | denver.org

Located in the heart of downtown Denver, this mile-long outdoor mall offers more than 250 shops, restaurants, cafes, and year-round special events. Free shuttle buses travel up and down its length.

Larimer Square

1430 Larimer Street
303.454.8863 | larimersquare.com

This is Denver's first locally protected historic district where Victorian buildings house specialty shops, art galleries, jewelry stores, boutiques, and trendy culinary-driven restaurants.

Cherry Creek

3000 E 1st Avenue
303.388.3900 | shopcherrycreek.com

The Cherry Creek Shopping Center is an upscale indoor shopping mall with over 160 shops and boutiques. In addition to shopping, it offers an eight-screen movie theater, a children's play area, and a variety of restaurants.

Cherry Creek North

2401 East 2nd Avenue Suite 150
303.394.2904 | cherrycreeknorth.com

Just north of the Cherry Creek Shopping Center is 16-block outdoor premier shopping district called Cherry Creek North. The area is a pedestrian-friendly outdoor shopping and dining neighborhood. There are hundreds of galleries, high-end boutiques, restaurants, and spas.

Belmar

464 South Teller Street | Lakewood, CO
303.742.1520 | belmarcolorado.com

This popular outdoor shopping district in Lakewood offers 98 retail stores and services, and more than a dozen restaurants.

Park Meadows

8401 Park Meadows Center Drive
Lone Tree, CO
303.792.2999 | parkmeadows.com

Park Meadows Mall is Colorado's largest indoor shopping mall, in the suburb of Lone Tree. Park Meadows features more than 185 stores and restaurants.

Colorado Mills

14500 West Colfax Avenue | Lakewood, CO
303.384.3000 | simon.com/mall

Located on the border of Golden and Lakewood, Colorado Mills is an indoor outlet shopping mall home to more than 160 stores. It features designer brands in fashion, cosmetics, and gifts. In addition to shopping, it offers movie theaters and multiple entertainment centers for children.





RESTAURANTS

Refer to the map on pages 4-5 for locations.

Downtown Area – Union Station/LoDo

Cholon

1555 Blake Street
303.353.5223 | cholon.com

Upscale, modern Asian restaurant offering fusion Chinese and Southeast Asian cuisine. \$\$\$

Ocean Prime

1465 Larimer Street
303.825.3663 | ocean-prime.com

Upscale restaurant offering classic steak and seafood. \$\$\$\$

Rioja

1431 Larimer Street
303.820.2282 | riojadenver.com

Mediterranean restaurant featuring a menu of locally sourced products. \$\$\$

Bistro Vendome

1420 Larimer Street
303.820.2282 | bistrovendome.com

French restaurant with elegant outdoor seating tucked into a secluded courtyard at Larimer Square. \$\$\$

Mercantile Dining & Provision

1560 Wazee Street #1705
303.825.3232 | mercantiledenver.com

French restaurant with elegant outdoor seating tucked into a secluded courtyard at Larimer Square. \$\$\$

The Kitchen American Bistro

1701 Wynkoop Street #155
720.460.3733 | thekitchenbistros.com

Bistro-style restaurant offering a wide selection of internationally inspired dishes. \$\$

Downtown – Central Business District

Panzano

Kimpton Hotel Monaco Denver
909 17th Street
303.296.3525 | panzano-denver.com

Contemporary Northern Italian cuisine. \$\$\$

La Loma

1801 Broadway
303.433.8300 | lalomamexican.com

Family-owned Mexican restaurant. \$\$\$

54thirty Rooftop

1475 California Street
720.996.1558 | 54thirty.com

Open air rooftop bar on the 20th floor of the Le Meridien Hotel. Offers panoramic views of downtown and the Rocky Mountains. \$\$

Corner Office Restaurant & Martini Bar

1401 Curtis Street
303.825.6522 | thecornerofficedenver.com

American restaurant offering upscale pub food and outstanding cocktails. \$\$\$

Mad Greens

1600 Stout Street, Suite 101
720.468.4173 | madgreens.com

Colorado-based fast food chain restaurant offering healthy salads, wraps, and grain bowls. \$

Downtown – LoHi/Highlands

El Five

2930 Umatilla Street, Unit #500
303.524.9193 | ediblebeats.com/el-five

Tapas restaurant known for breathtaking views of the Denver skyline. \$\$\$

The Post Chicken & Beer LoHi

1575 Boulder Street
720.570.8686 | postchickenandbeer.com

Colorado-based restaurant and brewery serving delicious fried chicken. \$\$

Avanti Food & Beverage

3200 North Pecos Street
720.269.4778 | avantifandb.com

Variety of food vendors situated in a bi-level shipping container offering reasonably priced dishes. \$

Root Down

1600 West 33rd Avenue
303.993.4200 | ediblebeats.com/root-down

An old gas station converted into a modern restaurant offering internationally inspired eclectic food. \$\$\$

Sushi Sasa

2401 15th Street #80
303.433.7272 | taitajapanese.com/sushi-sasa-redirect

Highly rated sushi restaurant offering traditional and modern-style Japanese cuisine. \$\$\$

On and Off Café

2401 West 32nd Avenue
720.726.3092 | onandoffco.com

Nice neighborhood restaurant offering breakfast sandwiches, chili, and omelets. \$

Sassafras American Eatery

3927 West 32nd Avenue
303.433.0080 | sassafrasamericaneatery.com

Southern style restaurant offering breakfast and lunch. \$\$

RiNo

The Denver Central Market

2669 Larimer Street
denvercentralmarket.com

Gourmet marketplace and food hall featuring 11 food vendors. \$

Barcelona Wine Bar

2900 Larimer Street
303.816.3300 | barcelonawinebar.com

Spanish tapas and paella restaurant offering an extensive list of Spanish wines. \$\$

Marco's Coal Fired (Ballpark location)

2129 Larimer Street
303.296.7000 | marcoscfp.com

Highly rated pizzeria. \$\$

Capitol Hill

Mizuna

225 East 7th Avenue
303.832.4778 | mizunadenver.com

Highly rated upscale restaurant offering creative New American cooking. \$\$\$\$

City, O' City

206 East 13th Avenue
303.831.6443 | citycitydenver.com

Popular vegetarian restaurant. \$\$

Potager

1109 North Ogden Street
303.246.7073 | potagerrestaurant.com

Restaurant and wine bar offering dishes featuring locally sourced ingredients. \$\$\$

City Park

Ace Eat Serve

501 East 17th Avenue
303.800.7705 | aceeatserve.com

Asian fusion restaurant with a ping-pong hall. \$\$

D Bar Denver

494 East 19th Avenue
303.861.4710 | dbardenver.com

Popular dining spot offering comfort food and award-winning desserts. \$\$\$

Onefold

1139 East 18th Avenue
303.954.0877 | onefolddenver.com

Farmhouse-style restaurant offering breakfast and lunch. \$\$

Washington Park/ South Gaylord

Hey Bangkok!

301 South Pennsylvania Street
303.777.0559 | heybangkok.net

Locally owned Thai restaurant. \$\$

Homegrown Tap & Dough

1001 South Gaylord Street
720.459.8736 | tapanddough.com

Colorado-based Italian restaurant offering house-made pasta and wood-fired pizzas. \$\$

Jerusalem

1890 East Evans Avenue
303.777.8828 | jerusalemrestaurant.com

A local favorite and affordable Mediterranean restaurant near University of Denver. \$

Cherry Creek

Cherry Creek Grill

184 Steele Street
303.322.3524 | cherrycreekgrill.com

Local favorite known for its comforting American cuisine. \$\$\$

True Foods Market

2800 East 2nd Avenue, Unit 101
720.509.7661 | truefoodkitchen.com

Health-focused restaurant serving anti-inflammatory and vegan food. \$\$

Mehak India's Aroma

250 Steele Street Suite 100
720.638.9350 | mehakdenver.com

Authentic Indian cuisine. \$\$

Denver Tech Center/ Greenwood Village

Shanahan's

5085 South Syracuse Street
303.770.7300 | shanahanssteakhouse.com

Highly rated steakhouse owned by former Denver Broncos' head coach Mike Shanahan. \$\$\$\$

Hong Kong Station

6878 South Yosemite Street
720.592.0861 | hkstationdenver.com

Casual Chinese restaurant serving authentic yet sophisticated Cantonese-style food. \$

Yanni's Greek Restaurant

5425 Landmark Place #D 109
303.692.0404 | yannidenver.com

Authentic Greek restaurant featuring indoor and outdoor seating. \$\$

South Pearl Street

Sushi Den

1487 South Pearl Street
303.777.0826 | sushiden.net

Denver's premier sushi/Japanese restaurant offering an extended selection of fresh sushi and sashimi. Fish are flown in daily from Japan and elsewhere. \$\$\$\$

Uno Mas Taqueria y Cantina

1585 South Pearl Street
303.777.2866 | unomastaqueria.com

Mexican eatery serving elevated street tacos and specialty tequilas. \$\$

Tokyo Premium Bakery

1540 South Pearl Street
720.531.3784 | tokyopremiumbakery.com

Bakery offering Japanese-style bread and pastry. \$\$

Morrison/Golden

Morrison Inn

301 Bear Creek Avenue
303.697.6650 | morrisoninn.com

Opened in 1979, the Morrison Inn is a local favorite Mexican restaurant featuring outdoor seating and live music. \$\$

Sherpa House Restaurant & Culture Center

1518 Washington Avenue
303.278.7939 | sherpa.house

Restaurant designed to resemble a traditional Sherpa home and serving Nepali cuisine. \$\$

Table Mountain Grill & Cantina

1310 Washington Avenue
303.216.8040 | tmigrillandcantina.com

Restaurant with beautiful Santa Fe decor serving fresh Southwestern cuisine. \$\$

South Federal Boulevard

(Neighborhood with the highest concentration of authentic Chinese and Southeast Asian restaurants in Denver)

New Saigon

630 South Federal Boulevard
303.936.6954 | newsaidenver.com

Award-winning restaurant serving authentic Vietnamese cuisine. \$\$

Star Kitchen

2917 West Mississippi Avenue
303.936.0089 | starkitchen.com

Often called Denver's best dim-sum and seafood restaurant. \$\$

Suvipa Thai Food

1015 South Federal Boulevard
720.379.6038 | suvipathaifood.com

Small neighborhood restaurant serving traditional Thai noodles, stir-fries, curries, and other traditional Thai dishes. \$

Aurora

(Denver's Korean district)

Seoul Korean BBQ & HotPot

2080 South Havana Street
303.632.7576 | seoulkoreanbbq.com

Korean BBQ restaurant serving authentic grill-at-your-table marinated meats with multiple side dishes. \$\$\$

Tofu House 1962

2353 South Havana Street #D1
303.751.2840 | tofuhouse1962co.com

Korean restaurant specializing in tofu cooked in bubbling stews. Traditional Korean BBQ is also available. \$\$

Old Town HotPot

2852 South Havana Street
303.658.0870 | oldtownhotpotco.com

Casual Chinese restaurant serving an all-you-can-eat hot pot. \$\$

MARKETS & GROCERIES

King Soopers

King Soopers is a Kroger-brand supermarket headquartered in Denver. It is one of the most popular grocery stores in Colorado and has multiple locations in the Denver metro area.

[kingsoopers.com](https://www.kingsoopers.com)

Trader Joe's

National grocery chain known for its affordable prices and unique food items.

[traderjoes.com](https://www.traderjoes.com)

Whole Foods Market

Multinational supermarket chain owned by Amazon and offering a wide selection of high-quality natural and organic food. International specialty food is also available.

[wholefoodsmarket.com](https://www.wholefoodsmarket.com)

Natural Grocers

Colorado health-food chain offering a wide selection of natural and organic foods, vitamins, and supplements.

[naturalgrocers.com](https://www.naturalgrocers.com)

Sprouts Farmers Market

National supermarket chain offering a large variety of natural, organic, and non-GMO food items that are reasonably priced.

[sprouts.com](https://www.sprouts.com)

Tony's Market

Family-owned local gourmet market with a full-service butcher shop offering a wide selection of high-quality premium meats and seafood.

[tonysmarket.com](https://www.tonymarket.com)

H-Mart

National supermarket chain offering a selection of international foods.

[myhmart.com](https://www.myhmart.com)



TRANSPORTATION

Airports

Denver International Airport

Denver International Airport, known as “DIA,” is 25 miles northeast of Downtown Denver and is the third busiest airport in the world.

flydenver.com

Ground Transportation

Light Rail

An “A Line” commuter train run by the Denver Regional Transportation District (known as “RTD”) offering easy transportation between DIA and Union Station.

rtd-denver.com/fastracks/a-line

Avail Car Sharing Services

A car-borrowing service managed through a central rental agency.

availcarsharing.com

Ride App Services

Passengers who request rides through Lyft and Uber should follow signs for ground transportation on Level 5 (near baggage claim), then continue to Island 5 to meet your driver.

Lyft.....lyft.com/rider/airports/den

Uber.....uber.com/global/en/airports/den

Car Rentals

Budget.....budget.com

Hertz.....hertz.com

Avis.....avis.com

Enterprise.....enterprise.com

E-bikes & Electric Scooters

Lyft and Lime offer e-bikes and electric scooters in Denver. You can rent them using their mobile apps.

Lyft.....lyft.com/scooters/denver-co

Lime.....li.me/vehicles/scooter

Denver Regional Transportation District (RTD)

Denver offers an efficient public transportation system featuring buses and trains that cover over 2,000 square miles of the Denver/Boulder/Aurora region. Prices vary depending on how far you plan to travel and which type of pass you want. RTD offers discounts for seniors, youth, individuals with disabilities, and Medicare recipients. Details about pricing, along with a map of RTD routes, can be found on the website above.

The most convenient light rail station to get to the Downtown Denver/Medpace office is the Broadway & I-25 Park-N-Ride station, located at 901 South Broadway (rtd-denver.com/i-25-broadway-station). There is free parking at this station. RTD’s “D Line” and “H Line” both travel from this station to the 18th & California station, which is just across the street from the Medpace office building. It takes approximately 15 minutes to get from the Broadway & I-25 Park-N-Ride station to the 18th & California station.

rtd-denver.com



Downtown

(Near Medpace office)

Hilton Denver City Center

(Medpace preferred)



1701 California Street
303.297.1300 | [hilton.com](https://www.hilton.com)

Located next to Medpace and offers corporate preferred rates.

Renaissance Denver Downtown City Center Hotel

(Medpace preferred)



918 17th Street
303.867.8100 | [marriott.com](https://www.marriott.com)

Westin Denver Downtown



1672 Lawrence Steet
303.572.9100 | [marriott.com](https://www.marriott.com)

Residence Inn by Marriott Denver City Center



1725 Champa Steet
303.296.3444 | [marriott.com](https://www.marriott.com)

Sonesta



1450 Glenarm Place
720.571.4490 | [sonesta.com](https://www.sonesta.com)

Cheery Creek

Hilton Garden Inn Denver/Cherry Creek



600 South Colorado Boulevard
303.754.9800 | [hilton.com](https://www.hilton.com)

MOXY Denver Cherry Creek



40 Josephine Street
303.463.6699 | [marriott.com](https://www.marriott.com)

The Jacquard Hotel



222 Milwaukee Street
303.515.2000 | [thejacquard.com](https://www.thejacquard.com)

DIA

Westin Denver International Airport



8300 Pena Boulevard
303.317.1800 | [marriott.com](https://www.marriott.com)

Hyatt House Denver Airport



18741 East 71st Avenue
303.628.7777 | [hyatt.com](https://www.hyatt.com)

Double Tree by Hilton Denver International Airport



16455 East 40th Circle
303.574.1300 | [hilton.com](https://www.hilton.com)

Denver Airport Marriott at Gateway Park



16455 East 40th Circle
303.371.4333 | [marriott.com](https://www.marriott.com)

